

Lein

BE WELL



In the Thai language, “ *Len* ” means “play”.

We like to play.

We love to have fun.

Learning something new along the way is even better.

It’s all about being happy.

It’s our little secret to wellbeing.

So be yourself, fit your mood and play your way!

Open from 09:00AM-08:00PM daily

At SAii Phi Phi Island Village, wellbeing is considered a state-of-the-mind and is all about being happy. With our carefully designed *Len* guide, we seek to inspire our guests, as we offer blissful moments to harmonise with your mood. Just follow these 3 easy steps:

CHOOSE YOUR MOOD

HEARTBEAT OF "ADVENTURE"
DEEP BREATH TO "RELAX"
QUALITY TIME WITH "FAMILY"
TAKING IN "CULTURE"
HEARTMELT OF "ROMANCE"



CHOOSE YOUR EXPERIENCE



Repeat To Increase The Fun!!!



ADVENTURE

SPA TREATMENTS

Feel the blood pumping through your veins as you enjoy a range of thrilling adventures and engaging activities on land as well as above and below the water. Learn new sports and skills, discover new adventures on guided experiences and raise your fitness level while reconnecting with the great outdoors and reviving your sprit.

TIME RITUALS 🙏 ☆

120 minutes

In this case you book a time slot in the spa and can do the treatment according to your liking. Each "Time Rituals" begins with a soothing foot wash and services can be tailor - made to meet individual needs.

CHAKRA BALANCE 🙏

120 minutes

Chakras are seven subtle energy centers in the body that affect our equilibrium and inner harmony. When blocked, these Chakras can affect the mind and body emotionally and physically. Following a full body exfoliation and facial cleanse, the body is massaged using essential oils and hot stones to release tension, leaving your body feeling soothed and restored.



THERAPEUTIC MASSAGE 🙏

90 minutes

Is commonly used in almost all of our treatments. It is a soft tissue therapy that improves the functioning of the muscular, circulatory, lymphatic, skeletal and nervous systems. It also improves the rate in which the body recovers from an injury or illness.

RENEWAL FACIAL 🙏

60 minutes

Skin care that makes you look healthy, that brightens and hydrates. This refreshing facial starts with a thorough cleansing followed by the application of honey, oatmeal, yogurt and fresh cucumber using specific techniques such as eye pressure point, lymphatic drainage and body stretching. Ideal for all skin types.

☆ Signature Treatment 🙏 Facial 🙏 Massage 🙏 Package

Advance reservations are required and reservation is subject to availability

ACTIVITIES

FUN DIVE: ALREADY CERTIFIED DIVER, BEYOND OPEN WATER DIVER OR HIGHER!

Our dive center has a boat trip going to Phi Phi Leh, Bida Island, Shark Point and Anemone Reef. 2 dives - price is THB 3,900.- per person and the equipment rental for a full set is THB 900.- Noncertified divers can start with Discover Scuba Diving (DSD) or can get the certificate PADI Scuba diver 2 days program or can become PADI Open Water Diver within 3 days. Note; minimum age: 10 years old

WALK TO THE VIEWPOINT AND THEN INTO TONSAI

From the hotel you can climb up to the viewpoint in 50 minutes. Up there you will be able to enjoy a great view. You will need THB 20.- to access the terrace of the family who owns it. From the terrace it is a 30 minutes' walk into Tonsai from where you can take the boat back to the hotel.



WALK TO THE SUNSET AT LANA BAY / NUI BAY

Only a 15-minute walk from the hotel premises to Lana Bay. Until the end of April you can see the sunset from Nui Bay, after that you can see it from Lana Bay. Nui Bay is a beautiful little beach worth visiting.

SHARK SEEKER EXCURSION

Join us for our daily snorkeling tour from 08.00 hrs. to 10.30 hrs. with professional guidance, Ideal tour for those who have not snorkeled before.

EARLY BIRD ACTIVITY

For this activity we leave the hotel at 07,45 hrs. and we do the big circle of Phi Phi Don and Phi Phi Leh by speedboat. On the way we stop at 4 different beaches and we do some snorkeling. By leaving early we try and be ahead of the crowds arriving from Phuket and Krabi.

Advance reservations are required and reservation is subject to availability

GOURMET

BEETROOT & CELERY / CARROT & GINGER BOOST

Every morning we serve a nice selection of breakfast dishes for our guests to enjoy in Api Restaurant from 06.30 hrs. to 10.30 hrs. with views to the sea. To start your day, try one of our energizing breakfast juices with interesting combinations for you to enjoy.

FLOATING BREAKFAST FOR VILLA GUESTS

Begin your day in paradise on a positive note with a breakfast like no other. Relax in the comfort of your private pool and we will serve your preferred breakfast selections on a large floating tray. This is the ultimate indulgence of a couple celebrating the spirit of love. All you have to do is slip into your swimwear to enjoy your floating breakfast while overlooking the Andaman Sea.



FLOATING BREAKFAST FOR OTHER GUESTS ON LAZY POOL

If you have not booked a room category with a pool, you can still enjoy this special breakfast in our lazy pool. Begin your day in paradise on a positive note with a breakfast like no other. We will serve your breakfast on a large floating tray in the Lazy pool. This is a different way to enjoy a Romantic Breakfast overlooking the Andaman Sea.

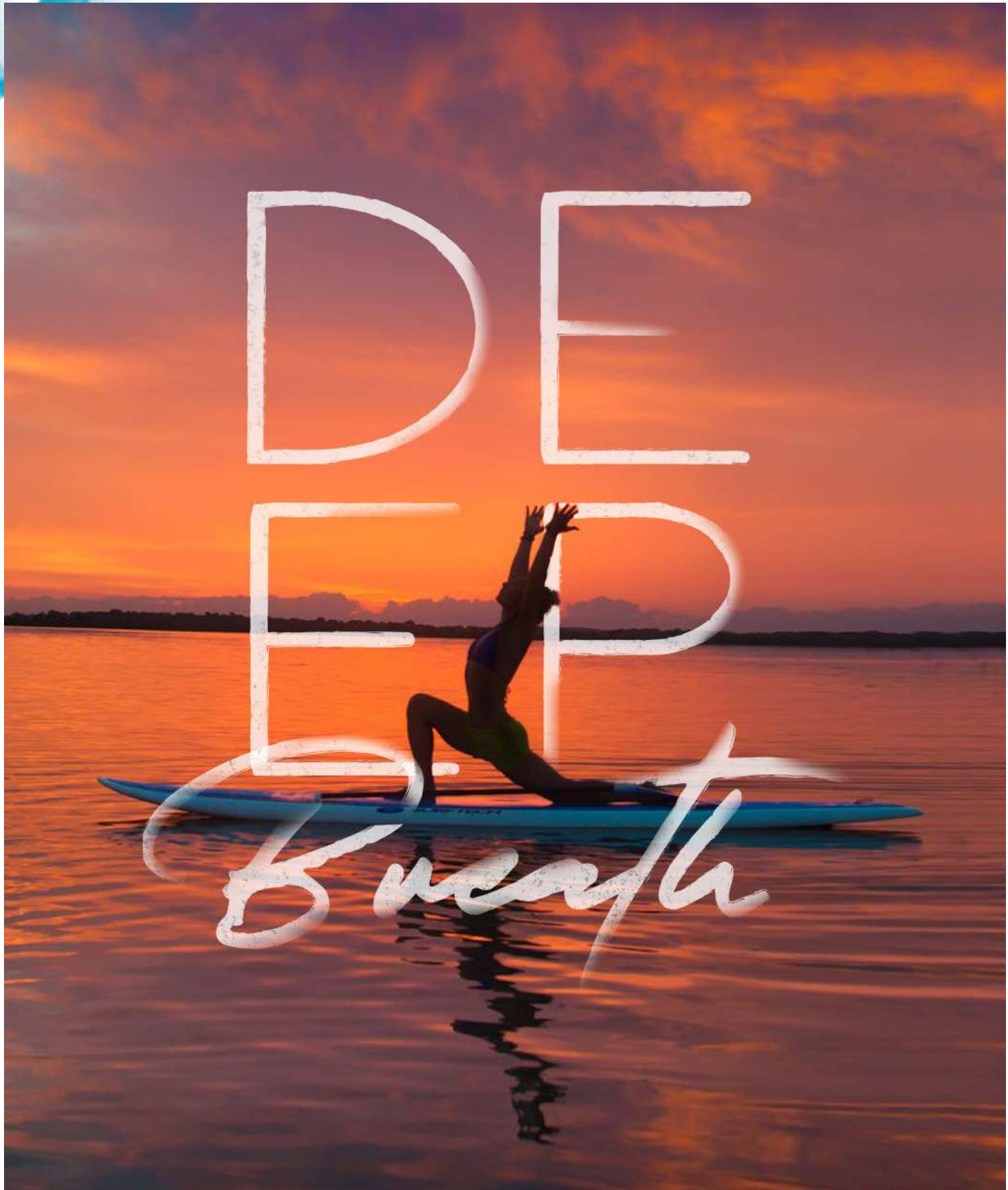
PRIVATE SUNRISE BREAKFAST IN FRONT OF BEACH HOUSE

Are you an early riser and look forward to a beautiful breakfast while enjoying the sunrise (we cannot guarantee that it will be beautiful, the breakfast will be). Book our sunrise breakfast starting at 06.00 hrs. to 07.00 hrs.

SUNSET PRIVATE CRUISE

Join us on board for our Sunset Cruise on the Andaman Sea. Bring your loved one to enjoy this special tour. As the sun sets, we will moor and prepare some cocktails and canapes for you in a unique setting. We have tailored this sunset experience for couples.... or do it with a group of friends.

Advance reservations are required and reservation is subject to availability



RELAX

SPA TREATMENTS

Find your centre and spend some valuable time creating harmony of mind, body and spirit. The practice of ancient and modern techniques brings you back to the source of your soul. Breathe, focus, stretch and relax your way to wellbeing with the help of trained practitioners and skilled therapists.

LÈN PERSONALISED FACIAL

90 minutes

Whether your skin needs a deep cleanse, a healthy glow, soothing or hydrating. We encourage all of you to experience a personalized facial which will be customizable to suit your skin's needs.

SOOTHING BODY WRAP

60 minutes

This wrap is designed to comfortably decrease the body temperature, as the absorption of Aloe Vera and fresh cucurber help to relieve the pain of sunburn and moisturize the skin.



BESPOKE MESSAGE

60 minutes | 90 minutes

This unique bodywork session includes an array of therapeutic massage styles combined with the powerful benefits of custom-blended aromatic oils specifically for you. Therapist will assist you in choosing the oil to encourage deep relaxation during your personalised treatment.

CHOOSE FROM ONE OF THE LÈN BLENDS: Adventure, Relax, Family, Culture, Romance

HEALING HOT STONE MASSAGE

90 minutes

A type of massage where heated smooth flat stones with gentle massage movement are moved over the whole body. The warmth of the hot stores generate heat to the muscles which increases the energy, releases toxins and improves the circulation.

INDIAN HEAD MASSAGE

30 minutes | 60 minutes

Designed for striving to restore balance and urge your Crown Chakra and Third Eye. Excellent for insomnia, increased circulation while serving to improve memory and promote clear thinking.

 Signature Treatment  Facial  Massage  Package

Advance reservations are required and reservation is subject to availability

ACTIVITIES



YOGA

Our visiting yoga teacher is staying with us 14 days at the time. She will do yoga at 07.00 hrs. and 16.15 hrs. When she is not in the resort, the Activity team does it on Monday, Wednesday and Friday at 16.15 hrs. and on request also in the morning.

THAI LANGUAGE CLASS

Although Thai is a very difficult language to learn, it may be useful to learn the basics so you can greet people, order a drink or ask for the bathroom. Join the Duty Manager every day at 16.30 hrs. to have some fun, to impress yourself and of course our staff.

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GOURMET

FRESH BUTTERFLY PEA FLOWER & LEMONGRASS ICED TEA WITH AGAVE NECTAR, HEALTHY SPA CUISINE IN VILLA EXPERIENCE

A Spa Breakfast menu selection will be sent to the room for breakfast it can be accompanied by a spa therapist who will start with the massage first and then a light spa breakfast / brunch to follow.

TAPAS AT THE BEACH HOUSE

Every afternoon from 16.00 hrs. to 18.30 hrs., we offer bean bags on the beach, drinks and tapas at the Beach house.



AFTERNOON TEA AT BEAN/CO

Enjoy a coffee or tea with a pastry at bean/Co.

DINNER IN VILLA WITH PRIVATE CHEF

Our chef will prepare and serve a private 4 course dinner in the privacy of your villa. Surprise menu to be

Advance reservations are required and reservation is subject to availability



*Quality
Time*

Family

SPA TREATMENTS

When 'holiday time' means 'family time', we provide a host of ways to be cheerful with your loved ones. 'Lèn' means 'play' in the Thai language and offers the chance to rediscover the joys of simple activities together.

MOTHER AND DAUGHTER

60 minutes

A mother and daughter spa break is a classic experience. There is a chance to spend some quality time together with your mum in a way that you probably don't get to do as much as you would like.

For 5-12 years old

FATHER AND SON

60 minutes

Utilizing a combination of massage or body treatment. Is ideal for a precious day of Father and son to enjoy in their own private session.

For 5-12 years old

MOTHER-TO-BE

60 minutes | 90 minutes

Share a moment of serenity with your body. This caring massage. And treatment are customized for the mother to be (available after 4 months++)

- Choice of Body Scrub or Facial
- Maternity massage



FAMILY TIME

12 hours

Enjoy 12 hours of Spa time together, in one day or during your stay. Choose your treatment and whom you wish to share it with.

 Signature Treatment  Facial  Massage  Package

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ACTIVITIES

FAMILY COOKING CLASS

As a family you will learn how to cook a Thai Menu under the professional guidance of our Chef, after the cooking you will enjoy your own cooked food. Please check with our F&E team.

FAMILY PHI PHI CASSO PAINTING CLASS

This concept comes from the Paint Bar concept, everyone can learn how to paint, following the steps of the Artist. 20 different creations available to choose from. Can be booked at the activity desk.

BOAT TRIP

Book a Family boat tour around the island or to Bamboo Island for example, private tours available. Check with our activity desk.



VISIT TO THE MARINE DISCOVERY CENTER

Visit the Marine Discovery Centre as a family and learn about the sea and who lives in it.

JOIN THE ENVIRONMENTAL TOUR

Join the back of the house tour to learn about our environmentally friendly projects and how we try and lessen our footsteps on this beautiful island.

DIVING TRIP FOR THE FAMILY

In order to do this activity, the kids need to be at least 8 years old, More information at the Dive Centre desk.

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Take
In



Culture

SPA TREATMENTS

Sometimes you just want to stay home and enjoy a private meal alone or in good company without the need for table reservations or dressing up.

Our room service menu offers a delicious spread of fresh ingredients and products to savour in tasteful privacy of your room, suite or villa.

TRADITIONAL THAI MASSAGE

60 minutes | 90 minutes | 120 minutes

An art of ancient traditions, this method of massage originated within the temples of Thailand and has been practiced for centuries. A blend of passive stretching, this healing art evokes a feeling of total relaxation and renewed energy.

PRA KOB MASSAGE

90 minutes

This herbal compress massage combines the healing effects of massage techniques with heated herbal compress containing a blend of traditional herbs and spices. Simultaneously, it relaxes and invigorates the mind and body. This treatment purifies, relaxes, warms, relieves aches and pains, and improves the skin condition while stimulating the senses.



THAI FOOT MASSAGE

30 minutes | 60 minutes

Thai foot massage uses the traditional technique to provide an enjoyable, relaxing and rejuvenating experience. Pressure is applied to specific areas of the soles of the feet, to clear the natural energy flows throughout the body while also helping to increase blood flow treatment is highly effective in helping the rest of the body to relax and release tension.

THAI HERBAL MUD WRAP

60 minutes

Plai and white mud are natural ingredients with excellent skin purifying properties leaving your skin brighter and lighter.

 Signature Treatment  Facial  Massage  Package

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ACTIVITIES

EARLY BIRD EXCURSION

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ENVIRONMENTAL TOUR

Twice a week we take you on an informative tour to the back of the house to show you how we make our own water and what we do with our garbage. Join us please. The info board is always in the arrival area telling you when the next tour will take place.

BEACH CLEANING AT THE BEACH ON SUNDAY AT 15.30 HRS.

Every Sunday join us at 15.30 hrs. for one hour of beach cleaning on Lana Bay. Lana Bay is just behind the hotel, from here you can enjoy the sunset. The beach is not owned by any hotel and therefore the beach is never cleaned. We change that once a week.

THAI COOKING CLASS

Learn how to cook some typical Thai dishes under the professional guidance of our Chefs, After you have cooked your meal, you can enjoy the food.

WELL-BEING CUISINE COOKING CLASS

Learn how to cook a healthy 3 course lunch menu with our Chef and experience how tasty a healthy menu can be.

Advance reservations are required and reservation is subject to availability

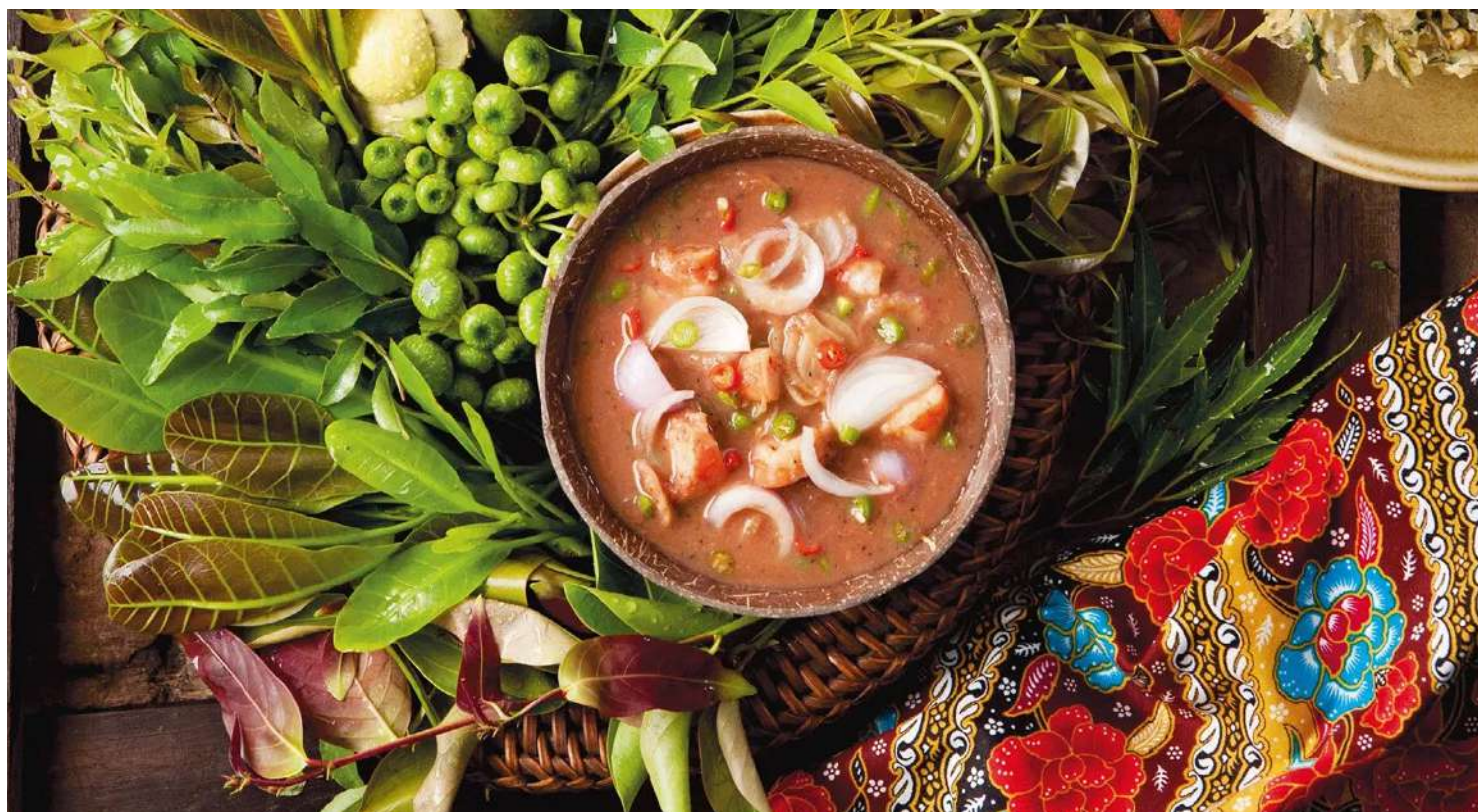
GOURMET

PRIVATE THAI SET BREAKFAST IN VILLA

Enjoy in the privacy of your villa this Thai set breakfast serving Thai authentic dishes.

SPECIAL SET THAI MENU FOR RUAN THAI (5 COURSE TASTING)

Surprise menu to be decided by the Chef.



DINNER AT RUEN THAI

Ruen Thai means Thai House and this is exactly the way this restaurant was build. Enjoy a typical Thai dinner or our popular sampling dinner at this hillside restaurant.

Advance reservations are required and reservation is subject to availability

HEART
MELT



ROMANCE

SPA TREATMENTS

Escape to romance and immerse yourself in togetherness - just the two of you - as you share heart-inspired experiences, tantalising tastes and inspiring adventures. Time is precious when love is in the air. We help couples make the most of every moment by offering intimate activities that bring them together.

NATURAL DETOXIFYING PACKAGE.

180 minutes

Not only does it improve the appearance of the skin by eliminating dead cells, it also helps new skin to regenerate, to stimulate blood circulation and promote the functioning of the lymphatic system.

- Private Steam or Sauna
- Body Scrub
- Aromatherapy Relaxing Massage
- Indian head massage

A LOVER'S CARESS PACKAGE.

150 minutes

The best value package designed for a couple in love, who wish to experience and enjoy a spa treatment on the Island together.

- Private Milky Jacuzzi
- Body Scrub
- Aromatherapy Relaxing Massage

 Signature Treatment  Facial  Massage  Package

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ACTIVITIES

SUNSET TOUR

This tour starting at 15.00 hrs. will take you to Bamboo Island and then for sightseeing to Phi Phi Don / Leh from where you will be able to see the sunset. On the way you will be able to enjoy some cocktails and enjoy the sunset from a prime location.



FRUIT CARVING CLASS

Instead of a cooking class, master the art of fruit carving. Not easy but under the professional guidance of our culinary team you will be surprised what you can achieve within a relative short time. At home you will be able to surprise your family and friends with this newly learned skill.

BAMBOO ISLAND EXCURSION

Bamboo island is just a short distance away. Good for swimming and snorkeling. Bamboo island or Koh Pai is part of the Phi Phi Island Group. Although a lot of day trips stop at Bamboo island, it is still a nice spot to visit. On the North Eastern side there is a small bar serving drinks.

THAI COOKING CLASS

Learn how to cook some typical Thai dishes under the professional guidance of our Chefs. After you have cooked your meal, you get to enjoy it.

WALK TO THE VIEWPOINT

You can have a wonderful view over Tonsai from the viewpoint nr 3 behind the hotel. You can walk up in 50 minutes and down in another 30 minutes to reach Tonsai.

BUY A HEART AT THE GIFTSHOP FOR LOVE TREE

On the grounds we have a love tree where couples in love can leave us their love message on a heart.

DIVING PRIVATE TRIP WITH EITHER LONGTAIL BOAT OR SPEEDBOAT

Please check with our dive team for the options.

Advance reservations are required and reservation is subject to availability

GOURMET

FLOATING BREAKFAST AT THE POOL VILLA

If you have booked a pool villa, you must try our floating breakfast set up on a floating tray in your own pool.



TAPAS AT THE BEACH

Every day join us at 16.00 hrs. at the Beach house for tapas and cocktails, beanbags and lounge music. From 18.00 hrs. to 19.00 hrs, it is Happy Hour at the Beach house.

ROMANTIC SUNSET CRUISE AND CULINARY

Enjoy the sunset from our boat. Served during the tour are cocktails and canapes. Please check with our F&B team.

PRIVATE DINNER AT THE BEACH

A very special dinner to mark a special occasion, book a 4-course dinner in your own private setting at the beach. Different decorations possible.

Advance reservations are required and reservation is subject to availability

ETIQUETTE AND POLICIES

ARRIVALS

Treatments are carefully planned to accommodate each and every guest. In the spirit of mutual respect, we encourage you to arrive at least 30 minutes prior to your appointment, providing you with sufficient time to relax and allow our team to Lèn-spire you. Late arrivals will be finished within the scheduled treatment time while the fee will remain unchanged.

SPA AMENITIES

On arrival, you will be supplied with a bathrobe and sandals. Towels are offered throughout the spa and disposable underwear is available for all body treatments.

ETIQUETTE

Our environment is one of tranquility and relaxation. In consideration of other guests, we ask that you speak in a quiet voice and turn off mobile phones. If you are using headphones, please make sure the volume level is not audible to other guests. The spa is a non-smoking area.

SPECIAL REQUESTS

Feel free to request your preference for a specific technician or a male or female therapist for your treatment. We strive to fulfill your wishes based upon availability. If you need assistance with anything during your spa experience, such as an adjustment to lighting, sound, temperature, pressure or technique of your spa service, please let your technician know.

HEALTH

Please refrain from shaving before all body treatments and before men's facials. To maximise the benefits of your experience, please inform us of any health issues, allergies or injuries that may make the treatment unsuitable, so that we may advise safer alternatives.

PREGNANCY

We have specially designed treatments for expectant mothers. Allow us to assist you in selecting suitable treatments for this special time. We advise you to consult with your physician prior to booking. We only offer these treatments up to the second trimester of the pregnancy.

ETIQUETTE AND POLICIES

CHILDREN

Spa area is reserved for guests 16 years or older. Children are allowed in the spa by appointment only and must be accompanied by an adult during their visit.

CANCELLATIONS

All cancellations must be received at least 4 hours prior to the appointment time to avoid a full service charge. Late cancellations or no-shows will be charged at full treatment price. A late arrival will reduce your scheduled treatment duration to accommodate other guests with appointments.

FEES AND GRATUITY

For your convenience, a 10% service charge and applicable government taxes will be added to the cost of your treatment. In appreciation for outstanding service, additional gratuities may be given to the therapist or team member at your discretion. For in-house guests, services may be charged to your guest room. We also accept cash and all major credit cards.

LOSS OR DAMAGE

We regret that we cannot be responsible for any loss or damage to personal items and valuables during your visit. Please refrain from wearing jewellery or valuables to the spa.

CORPORATE AND GROUP PACKAGES

The spa offers a variety of treatments, packages and group discounts. Please contact the spa for more information, terms and conditions.

APPOINTMENTS

We recommend scheduling an appointment in advance to receive preferred appointment times.

Open from 09:00 AM - 08:00 PM daily

Hope you enjoyed *Lên*
played your own way,
in your own time,
in your mood of the day
and had fun during your stay.
Come and *Lên* with us again soon!

SAii *Phi Phi Island*
VILLAGE

CONTACT US

Please contact Lèn for reservation at
+66 (0) 75 628 900 ext. 8921-8922
www.SAihiphiislandvillage.com