

SAii  
SPA

# SAii

SPA

## Welcome to Your Wellness Haven

At SAii Spa, we invite you on a journey of self-care to restore your sense of connection and rejuvenate every area of your life so you can truly Live Well.

Nestled in nature, our spa draws inspiration from this beautiful location between ocean and lagoon, integrating sand, sea and locally sourced organic ingredients into your experience, for sustainable pampering in harmony with the world around you.

Just as island elements are woven into your spa journey, the SAii Live Well philosophy is infused into every part of your escape as we invite you to Eat Well, Sleep Well, Move Well, Stay Well and Explore Well. Each experience here is thoughtfully crafted to boost your physical, mental and emotional health—because you deserve to feel great inside and out.

In Thai, ‘ทราย’ (SAii) means sand, a timeless symbol of transformation, balance, and renewal. At SAii Spa, this philosophy inspires every treatment: offering nourishment to help you Eat Well, relaxation to help you Sleep Well, resilience to help you Stay Well, grounding to help you Live Well, and restoration to help you Explore Well. Just as sand adapts and evolves with the flow of time, SAii Spa provides a sanctuary for your journey to wellness and harmony.

— Stay Well —



## SAii WELLNESS GURUS

Not sure where to start? Let our SAii Wellness Gurus help. Simply share your wellness goals, and we'll provide tailored solutions—from customized treatments to a specially curated drink and snack menu designed to match your lifestyle. Embrace a wellness journey that's uniquely yours.

# SAii SPA GUIDELINES

## SPA TREATMENT HOURS

SAii Spa operates daily from 10:00 AM to 10:00 PM.

## SPECIAL HEALTH CONDITIONS

We kindly request that you inform our team of any health concerns or relevant medical history to ensure that we can provide you with the most suitable treatment options.

## AGE REQUIREMENTS

Reservations for treatments may be made by guests aged 16 years and older. Guests under the age of 16 may receive treatment only when accompanied by a parent or guardian.

## APPOINTMENTS & CANCELLATIONS

To enhance your experience, we recommend arriving at the spa 15 minutes prior to your scheduled treatment time. Late arrivals will result in a reduced treatment duration. Please be advised that a full charge will be incurred for any treatment not cancelled at least 3 hours in advance.

## CLOTHING

For spa treatments, we advise wearing the bathrobe provided in your accommodation or suitable attire and footwear for active and outdoor activities.

## OTHER INFORMATION AND SUGGESTIONS

We strongly recommend scheduling your treatments in advance to secure your preferred times.

Please complete any light meals at least 1 hour prior to your treatment, while light snacks should be consumed 30 minutes in advance.

Disposable underwear will be provided and may be used at your discretion. We also advise removing jewelry and watches and securing them in the lockable safe within your hotel room.

Your therapist will meet you at the reception and guide you to your treatment room.

## PRICES

All prices are quoted in THB (Thai Baht) and are subject to a 10% service charge and a 7% tax. Please note that prices and treatments are subject to change without prior notice. SAii Spa accepts cash and all major credit cards. Hotel guests may charge treatments to their room accounts.



# SAii SPA TREATMENTS

	Durations (Mins)
<b>SAii SIGNATURES EXPERIENCES</b>	
SAii Signature Touch	120
Seaside Dreams	120
"Paradise Bliss: Head-to-Toe Relaxation"	
<b>SAii SUN CARE COLLECTION</b>	
SAii Sun Prep Ritual	90
SAii Sun Recovery Treat	90
<b>SAii MASSAGE COLLECTION</b>	
SAii Traditional Thai Massage	60/90/120
SAii Deep Restore	60/90
SAii Vital Balance	60/90
SAii Gentle Calm	60/90
Foot and Head Massage	60/90
<b>SAii FACIAL RITUALS</b>	
Anti-Aging Marine Facial	60
Purifying Marine Facial	60
<b>SAii BODY TREATMENTS</b>	
Beach Bliss Body Scrub	60
Sunburn Relief Wrap	60
<b>SAii NAIL CARE</b>	
Detoxifying Foot Treatment	60
Pedicure Ritual	60
Express Pedicure	45
Manicure Ritual	60
Express Manicure	30
<b>SAii INDULGENCE</b>	
Add-on Services	30

# SAii SIGNATURE EXPERIENCES

## SAii SIGNATURE TOUCH

Begin your journey to tranquility with guided breathwork exercises. Our signature massage, a harmonious blend of Thai stretching and deep-tissue techniques, combined with a soothing heated sand compress, will melt away tension. A warm coconut oil head and face massage, culminating with a heated sacred stone on your crown chakra, will leave you feeling completely rejuvenated.

**Includes:**

Guided breathwork, signature massage, warm head and face massage, heated chakra stone.

120 mins

THB 5,500





## SAii SIGNATURE EXPERIENCES

### SEASIDE DREAMS "PARADISE BLISS: HEAD-TO-TOE RELAXATION"

Immerse yourself in a luxurious tropical-inspired journey designed to rejuvenate your body and uplift your spirit. Begin with a gentle golden sand scrub, inspired by the beauty of tropical beaches, to exfoliate and revitalize your skin. Continue with a deeply relaxing oil massage enhanced by the soothing warmth of a Himalayan salt compress, releasing tension and improving circulation. Conclude with a blissful head massage, leaving you fully refreshed and restored.

**Includes:**  
30 mins - Golden sand body scrub.  
60 mins - Soothing oil massage with warm Himalayan salt compress.  
30 mins - Relaxing head massage.

120 Mins THB 5,500

## SAii SUN CARE COLLECTION

### SAii SUN PREP RITUAL

Get your skin ready for a beautiful, even tan with our SAii Sun Prep Ritual. This package is designed to exfoliate, hydrate, and nourish your skin, creating the perfect foundation for a healthy, glowing tan.

**Includes:**  
30 mins - Full-body exfoliation.  
60 mins - Sun glow massage, sun protection application.

90 mins THB 5,000

### SAii SUN RECOVERY TREAT

Experience soothing relief with our SAii Sun Recovery Package, crafted to repair and calm sunburned skin while restoring hydration and comfort.

**Includes:**  
40 mins - Aloe vera & cucumber cooling wrap.  
30 mins - Healing touch massage.  
20 mins - Calming facial mask.

90 mins THB 4,800



# SAii MASSAGE COLLECTIONS

Every aroma therapy massage in this collection is performed using warm aromatic oil, enhancing relaxation, soothing muscle tension, and promoting overall well-being.

## SAii TRADITIONAL THAI MASSAGE

(Bespoke Experience)

Tailored for the demands of modern lifestyles, the SAii Traditional Thai Massage offers a choice of dry or balm and for ultimate experience with herbal compress for 90mins & longer allowing you to customize your experience. This treatment blends rhythmic stretching, deep acupressure, and mindful movement to improve flexibility, release tension, and restore energy flow. Perfect for those seeking relief from everyday stress, this massage brings balance and rejuvenation through techniques refined over centuries.

120 mins	THB 4,000
90 mins	THB 3,400
60 mins	THB 2,500

## SAii DEEP RESTORE (Strong Pressure)

A deeply invigorating massage designed to relieve chronic muscle tension and tech fatigue. This personalized treatment uses warm aromatic oil and firm pressure to restore mobility and rejuvenate the body.

90 mins	THB 3,900
60 mins	THB 3,300

## SAii VITAL BALANCE (Medium Pressure)

A tailored fusion of traditional Thai techniques and moderate pressure, this massage promotes flexibility, relieves built-up tension, and restores overall balance.

90 mins	THB 3,900
60 mins	THB 3,300

## SAii GENTLE CALM (Soft Pressure)

A soothing, light-pressure massage designed to ease stress and enhance relaxation. Using gentle strokes and warm aromatic oil, this treatment melts away tension, leaving you in a state of deep calm.

90 mins	THB 3,900
60 mins	THB 3,300

## FOOT & HEAD MASSAGE

A revitalizing treatment that focuses on relieving tension in the feet and head, promoting circulation and overall relaxation.

90 mins	THB 2,700
60 mins	THB 2,200

# SAii FACIAL TREAT

## ANTI-AGING MARINE FACIAL

Revitalize your skin with the SAii Lift & Firm Facial. This treatment combines collagen-boosting ingredients and expert massage techniques to lift and tighten your skin. Ideal for achieving a refreshed and youthful appearance, this facial leaves your skin looking firmer and glowing.

60 mins	THB 3,200
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## PURIFYING MARINE FACIAL

Quench your skin's thirst with the SAii Hydration Facial. This deeply nourishing treatment uses a blend of hydrating ingredients and soothing techniques to replenish moisture and restore radiance. Perfect for dry or sun-exposed skin, this facial leaves your complexion soft, smooth, and revitalized.

60 mins	THB 2,700
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# SAii BODY TREATMENT

## BEACH BLISS BODY SCRUB

Indulge in the ultimate skin renewal with our Beach Bliss Coconut Body Scrub, specially designed to exfoliate and refresh sun-kissed skin. This tropical-inspired treatment blends natural sea salt or sugar with nourishing coconut oil, gently buffing away dead skin cells to reveal a soft, smooth, and radiant glow. The warm, tropical aroma enhances relaxation, leaving your skin hydrated and rejuvenated.

60 mins	THB 2,200
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## SUNBURN RELIEF WRAP

Deeply hydrates and calms sun-exposed skin with aloe vera, reducing redness and irritation while restoring moisture balance. Leaves skin feeling refreshed, cool, and revitalized.

60 mins	THB 2,500
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# SAii NAIL CARE

An elegant nail care experience designed for naturally beautiful hands and feet. This meticulous treatment includes gentle cleansing, precise nail shaping, and expert cuticle care, leaving your nails impeccably groomed and refined.

## DETOXIFYING FOOT TREATMENT

A purifying foot soak with mineral-rich salts and essential oils, followed by a detoxifying clay mask, callus removal, and a lymphatic drainage massage.

60 mins

THB 2,000

## PEDICURE RITUAL

(Includes file, cleanse, soak, scrub, cuticle care, massage, and nail polish)

60 mins

THB 1,300

## EXPRESS PEDICURE

45 mins

THB 1,000

## MANICURE RITUAL

(Includes file, cleanse, soak, scrub, cuticle care, massage, and nail polish)

60 mins

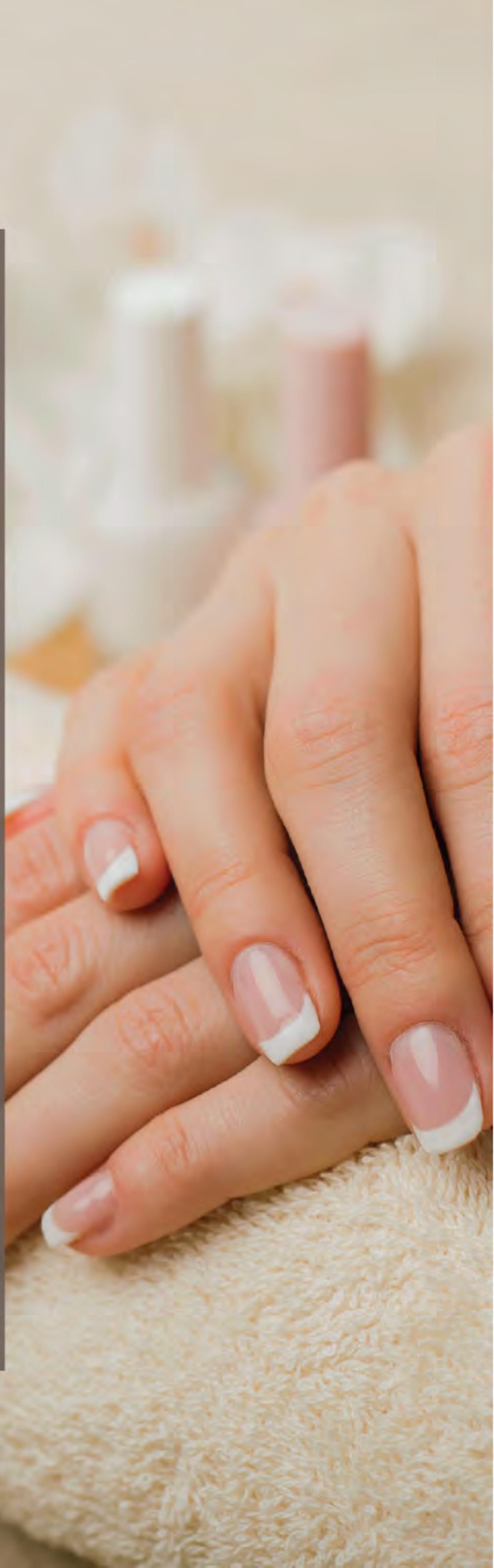
THB 1,100

## EXPRESS MANICURE

30 mins

THB 800

*Please note: This service focuses on natural nail maintenance and does not include gel polish, nail extensions, or specialized nail artistry.*







## SAii INDULGENCE: ADD-ON SERVICES

**30-MINUTE TARGETED MASSAGE:** **THB 1,600**

Choose your bliss with a targeted massage for your head, hands, calves, face, upper or lower back, shoulders, or feet.

**20-MINUTE EYE TREATMENT:** **THB 1,000**

Brighten your gaze with a soothing eye mask that refreshes and rejuvenates tired eyes.

**30-MINUTE EXPRESS FACIAL:** **THB 1,600**

Treat your complexion to a refreshing cleanse followed by a nourishing moisture boost.

**30-MINUTE HERBAL BALLS  
TREATMENT:** **THB 1,000**

Experience the healing power of herbal compresses that soothe muscles and enhance relaxation.

**30-MINUTE HOT STONE THERAPY:** **THB 1,000**

Enhance your massage with the soothing warmth of heated stones, expertly placed to melt away tension, improve circulation, and provide deep muscle relaxation.

**15-MINUTE STEAM BATH:** **THB 1,000**

A revitalising steam bath infused with aromatic herbs to open pores, promote circulation, and deeply relax muscles. This warm, soothing experience prepares the body for deeper massage benefits while enhancing overall well-being.



— Stay Well —



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SAii *Phuket*  
LAGUNA

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