

SAii
SPA

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WELCOME TO YOUR WELLNESS HAVEN

At SAii Spa, we invite you on a journey of self-care to restore your sense of connection and rejuvenate every area of your life so you can truly Live Well.

Nestled in nature, our spa draws inspiration from this beautiful tropical location – its flora, fauna and locally sourced ingredients – for sustainable pampering in harmony with the world around you. In Thai, ‘ทราย’ – SAii – means sand, which symbolises the vital balance of grounding and flowing.

Just as island elements are woven into your spa journey, the SAii Live Well philosophy is infused into every part of your escape as we invite you to Eat Well, Sleep Well, Move Well, Stay Well and Explore Well. Each experience here is thoughtfully crafted to boost your physical, mental and emotional health – because you deserve to feel great inside and out.

At SAii Spa, this philosophy inspires every treatment: offering nourishment to help you Eat Well, relaxation to help you Sleep Well, resilience to help you Stay Well, grounding to help you Live Well, and restoration to help you Explore Well. Just as sand adapts and evolves with the flow of time, SAii Spa tailors your unique journey to wellness and harmony.

- STAY WELL -



SAii WELLNESS GURUS

Not sure where to start? Let our SAii Wellness Gurus help. Simply share your wellness goals, and we'll provide personalised solutions – from customised treatments to a specially curated drink and snack menu designed to match your lifestyle. Embrace a wellness journey that's uniquely yours.



SAii SPA GUIDELINES

SPA TREATMENT HOURS

SAii Spa is open from 9.00 am to 8.00 pm daily.

SPECIAL HEALTH CONDITIONS

Please share any concerns or relevant medical history with our team so they can offer you the most suitable treatment.

AGE REQUIREMENTS

We accept solo reservations for guests aged 16 years and over. Guests under 16 may enjoy our spa treatments when accompanied by a parent or guardian.

APPOINTMENTS & CANCELLATIONS

We suggest that you arrive at the spa 15 minutes prior to your scheduled treatment time to maximise your enjoyment. Late arrival shortens your treatment time. A 100% charge will be incurred for any treatment not cancelled at least 3 hours prior to your scheduled time.

CLOTHING

For spa treatments, we recommend you wear the bathrobe from your room or appropriate clothing and shoes for active and outdoor activities.

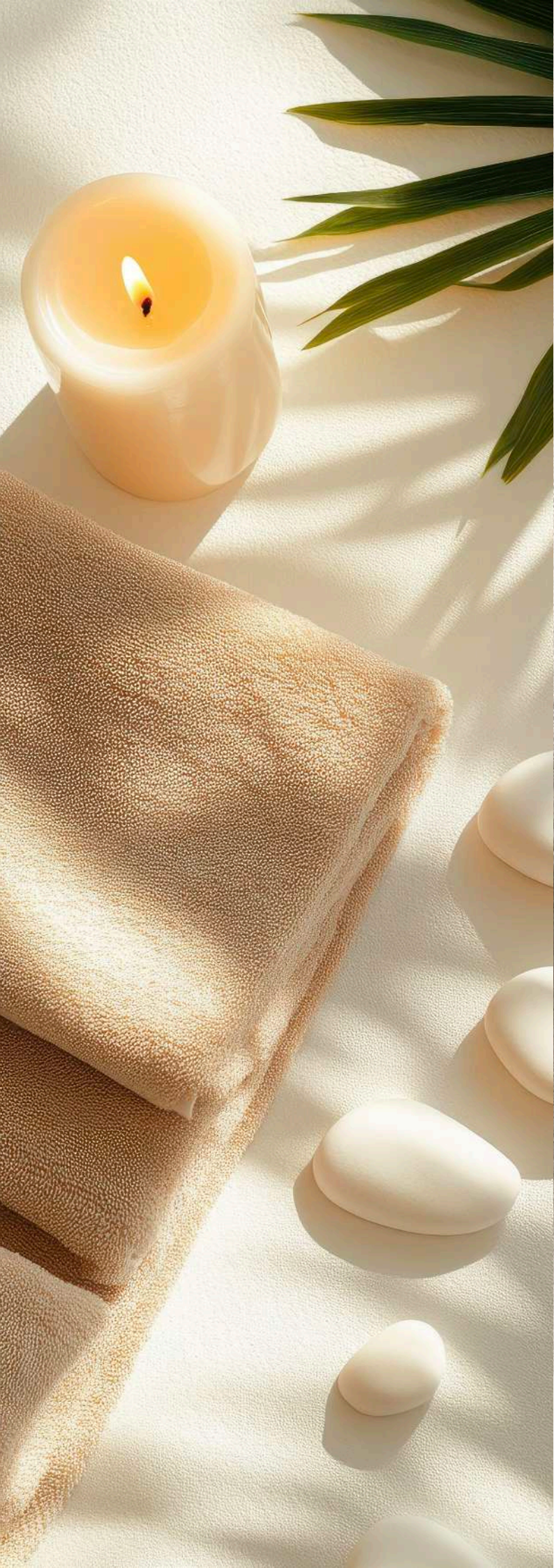
OTHER INFORMATION AND SUGGESTIONS

- We recommend you schedule your treatments in advance.
- Light meals should be finished at least 1 hour before your treatment. For light snacks, 30 minutes is sufficient.
- Disposable underwear will be provided and can be used at your discretion.
- Jewellery and watches must be removed and kept in the lockable safe in your hotel room.
- Your therapist will meet you at reception and guide you to your treatment room

PRICES

- Prices are quoted in THB (Thai Baht) and are subject to a 10% service charge and 7% tax.
- Prices and treatments are subject to change without notice.
- SAii Spa accepts cash and all major credit cards.
- Hotel guests may charge treatments to their room account.





SAii SPA TREATMENTS

Durations (Mins)

SAii SIGNATURES

SAii Signature Touch	120
SAii Phi Phi Signature Touch	150

SAii SUN CARE

SAii Sun Prep Ritual	90
SAii Sun Recovery Treat	90

SAii MASSAGE COLLECTION

SAii Traditional Thai Massage	90/120
SAii Deep Restore	60/90
SAii Vital Balance	60/90
SAii Gentle Calm	60/90

SAii FACIAL RITUALS

Lift & Firm Facial	90
Hydration Facial or Purifying Facial	60

SAii BODY TREATMENTS

Sandy Glow Body Scrub	60
Sunkissed Relief Wrap	60

REFRESH AND REJUVENATE

Add-on Services	30
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SAii SIGNATURE EXPERIENCES

SAii SIGNATURE TOUCH

Begin your journey to tranquility with guided breathwork exercises. Our signature massage, a harmonious blend of Thai stretching and deep-tissue techniques, combined with a soothing heated sand compress, will melt away tension. A warm coconut oil head and face massage, culminating with a heated sacred stone on your crown chakra, will leave you feeling completely rejuvenated.

INCLUDES

Guided breathwork, signature massage, warm head and face massage, heated chakra stone.

120 mins

THB 5,500



All prices are in Thai Baht and subject to a 10% service charge and 7% applicable government tax



SAIi SIGNATURE EXPERIENCES

SAIi PHI PHI SIGNATURE TOUCH

Reconnect and unwind with someone special on a journey crafted to celebrate togetherness in paradise.

Begin with a revitalising body scrub to refresh and smooth the skin, preparing you both for deeper relaxation. Next, surrender to an aromatic massage tailored to each of your preferences, relieving tension and enhancing harmony through personalised aromatherapy.

Conclude your shared experience with Jacuzzi bubble soak, taking in the beautiful views and the peaceful rhythm of the sea.

INCLUDES

- **60 mins** | Revitalising Body Scrub
- **60 mins** | Bespoke Aromatic Massage
- **30 mins** | Jacuzzi Experience

150 mins

THB 6,480 per couple

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SAii SUN CARE

SAii SUN PREP RITUAL

Get ready for a beautiful, even tan with a treatment for sunseekers who want to care for their skin. This package is designed to exfoliate, hydrate and nourish your skin, creating the perfect foundation for a healthy, glowing tan.

INCLUDES

- **30 min** | Full-Body Exfoliation
- **60 min** | Sun Glow Massage, Sun Protection Application

90 mins

THB 2,900

SAii SUN RECOVERY TREAT

Experience soothing comfort for fast relief after a day in the sun with this rescue remedy, crafted to repair and calm sunburned skin while restoring hydration and comfort.

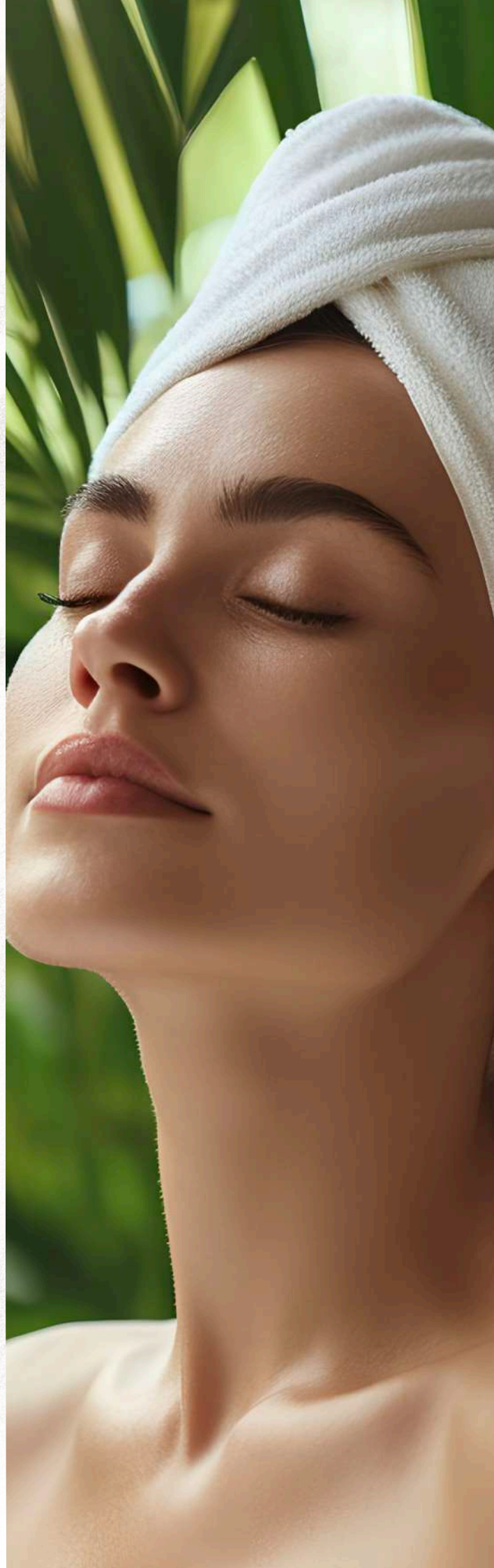
INCLUDES

- **40 mins** | Aloe vera & Cucumber Cooling Wrap
- **30 mins** | Healing Touch Massage
- **20 mins** | Calming Facial Mask

90 mins

THB 2,900

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SAii MASSAGE COLLECTION

Every aromatherapy massage in this collection are performed with warm aromatic oil to enhance relaxation, soothe muscle tension and boost your overall well-being.

SAii TRADITIONAL THAI MASSAGE (A Bespoke Experience)

Tailored for the demands of modern lifestyles, the SAii Traditional Thai Massage offers a choice of dry, oil or balm. This treatment blends rhythmic stretching, deep acupressure and mindful movement helps to improve flexibility, release tension and restore your energy flow. Perfect for those seeking relief from everyday stress, the traditional Thai massage brings balance and rejuvenation through techniques refined over centuries.

EXTEND YOUR SESSION FROM 90 OR 120 MINUTES WITH THE ADDITION OF A HERBAL COMPRESS.

90 mins	THB 2,500
120 mins	THB 3,100

SAii DEEP RESTORE (Strong Pressure)

A deep, invigorating massage, personalised to target chronic muscle tension and tech fatigue, offering thorough relief and rejuvenation.

60 mins	THB 2,100
90 mins	THB 2,700

SAii VITAL BALANCE (Medium Pressure)

A balanced, bespoke massage using moderate pressure and traditional Thai techniques, tailored to relieve tension and enhance flexibility.

60 mins	THB 1,900
90 mins	THB 2,500

SAii GENTLE CALM (Soft Pressure)

A light, customised massage designed to promote deep relaxation, easing mild stress with gentle strokes, soothing techniques and aromatic oil.

60 mins	THB 1,900
90 mins	THB 2,500

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SAii FACIAL RITUALS

LIFT & FIRM FACIAL

Get a refreshed, youthful look with this treatment combining collagen-boosting ingredients and expert massage techniques to lift and tighten your skin, leaving it firmer and glowing.

90 mins

THB 2,900

HYDRATION FACIAL OR PURIFYING FACIAL

Quench your skin's thirst with a deeply nourishing treatment that blends hydrating ingredients and soothing techniques to replenish moisture and restore radiance, leaving your complexion soft, smooth, and revitalised.

60 mins

THB 2,090

SAii BODY TREATMENTS

SANDY GLOW BODY SCRUB

Restore your skin's natural radiance with a blissful, customised ritual. Choose the revitalising Sea Salt Scrub for deep exfoliation or the nourishing Coconut Scrub for a gentle, hydrating touch. Both options are infused with tropical aromas to leave your skin smooth, refreshed and beautiful.

60 mins

THB 1,950

SUNKISSED RELIEF WRAP

Experience rejuvenation with a body wrap designed to hydrate and soothe your skin. Choose the Aloe Vera Wrap to calm and refresh sun-exposed or sensitive skin, or opt for the Coconut Wrap to deeply nourish and restore moisture, leaving your skin soft, smooth, and beautifully revitalised.

60 mins

THB 1,950

All prices are in Thai Baht and subject to a 10% service charge and 7% applicable government tax





REFRESH & REJUVENATE ADD-ON SERVICES

Enhance your experience with these 30-minute add-ons to elevate your sense of well-being.

- **TARGETED MASSAGE**

Choose your bliss with a targeted massage for your head, hands, calves, face, upper or lower back, shoulders or feet.

- **FACE MASK & EYE MASK**

A hydrating face mask that revitalises your skin for a radiant glow and a soothing eye mask that refreshes and rejuvenates tired eyes.

- **CLEANSING & MOISTURISING FACIAL**

Treat your complexion to a refreshing cleanse followed by a nourishing moisture boost.

- **HERBAL COMPRESS**

Experience the healing power of herbal compresses that soothe muscles and enhance relaxation.

- **RELAXING BATH OR SAUNA**

Choose between a calming bathtub experience to release tension or a sauna to help stimulate blood circulation

- **HOT STONE THERAPY**

Enhance your massage with the soothing warmth of heated stones, expertly placed to melt away tension, improve circulation and provide deep muscle relaxation.

30 mins

THB 1000

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SAii *Phi Phi Island*
VILLAGE

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